

Week Four

Week Four	Lunch				Supper			
Day	Option 1	Option 2	Option 3	Pudding	Option 1	Option 2	Pudding	Soup
Sunday	Roast chicken & vegetables	Roasted vegetables	Jacket potato & salad	Summer fruit trifle	High Tea	Cream Teas		Leek & potato
Monday	Beef lasagna & garlic bread	Ploughmans	Jacket potato & salad	Peach pie	High Tea	Quiche	Mousse	Curried veg
Tuesday	Cod in cheese sauce & new potatoes	Pesto pasta	Jacket potato & salad	Ice cream	High Tea	Sausage sandwich	Jelly	Chicken & veg
Wednesday	Pork loin & sauté potatoes	Mushrooms in white wine sauce	Jacket potato & salad	Fresh fruit	High Tea	Egg & bacon pie	Fresh fruit	Courgette & carrot
Thursday	Chef's Choice	Chef's Choice	Jacket potato & salad	Chef's Choice	High Tea	Chef's Choice	Chef's Choice	Chef's Choice
Friday	Fish cakes, chips & peas	Egg, chips & peas	Jacket potato & salad	Mousse	High Tea	Cheese on toast	Lemon pie	Pea & ham
Saturday	Jacket potato	Omelette & new potatoes	Jacket Potato and Salad	Eton mess	High Tea	Toasted teacakes	Mousse	5 bean

All served with seasonal vegetables

