

## Week One

Week One	Lunch				Supper			
Day	Option 1	Option 2	Option 3	Pudding	Option 1	Option 2	Pudding	Soup
<b>Sunday</b>	Roast beef & vegetables	Roasted vegetables	Jacket potato & salad	Apple & blackberry crumble	High Tea	Cornish Cream Teas		Cream of vegetable
<b>Monday</b>	Quiche & new potatoes	Tomato pasta	Jacket potato & salad	Fruit salad & jelly	High Tea	Cheese scones	Strawberries & cream	Leek & potato
<b>Tuesday</b>	Sausage plait & sauté potatoes	Ploughmans	Jacket potato & salad	Creme caramel	High Tea	Bacon sandwich	Eton mess	Cream of tomato
<b>Wednesday</b>	Gammon, cheesy mash, BBQ beans	Veggie lasagna	Jacket potato & salad	Sticky toffee pudding & ice cream	High Tea	Crumpets	Ice cream	Mushroom
<b>Thursday</b>	Chicken stew & dumplings	Creamy mushrooms	Jacket potato & salad	Pineapple tiramisu	High Tea	Quiche	Jelly	Sweet potato
<b>Friday</b>	Fish, chips & peas	Cod in parsley sauce	Jacket potato & salad	Chocolate sponge & custard	High Tea	Sausage rolls	Fresh fruit	Pea and ham
<b>Saturday</b>	Pasty	Frittata	Jacket potato & salad	Mousse & fresh fruit	High Tea	Pizza	Mousse	Cauliflower cheese

All served with seasonal vegetables

